



"The Awaken–Love class opened my eyes to God’s true vision of sex in marriage and what a gift it is."

Christian women are hungry for good information about sex – and not just the same old messages. Women want real answers that address everything from “What does God really want for my marriage bed?” to “How does my body work?” In the Awaken-Love class, married women gather for six weeks in small groups to learn, share, laugh, cry and be transformed as they discover God’s design for intimacy – with their husband and with God.

Week 1 – What is intimacy?
Week 2 – God’s design for sex
Week 3 – Lies, baggage and body image
Week 4 – Boundaries and communication
Week 5 – How our body works
Week 6 – How his body works, navigating frequency, and date ideas

Over the last four years the Awaken-Love class has spread by word of mouth as live teachers have taught over 500 women. After completing the class, women constantly say “Every married woman needs to take this class!” Now, every married woman can!

The Awaken-Love Video Class is now available!

The class is best offered to one or more groups of 2-15 married women.

In the video class, Ruth and Melanie provide respectful teaching that is designed to facilitate transformation in small groups. The videos provide biblically based teaching intermixed with discussion prompts in order to encourage sharing. The class is grounded in God’s truth with reading from Song of Songs, and Christian books *Sheet Music* and *Intimate Issues*. A video facilitator helps create a safe environment for respectful and healing discussions - that can overflow into great conversations with husbands at home.

***The world has corrupted sex and it is time for the Church to take it back!
Bravely celebrate sex within marriage and help wives claim God’s powerful gift.***

Visit www.Awaken-Love.net to learn more about how you can offer the Awaken-Love Video Class at your church or in your community.